2023 NJFOA Shore Mechanics Meeting







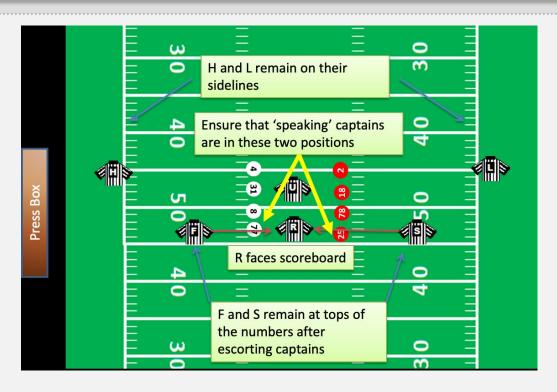
Agenda

- New Mechanics for 2023
 - -Coin Toss
 - –Punt Deep Wing Mechanics
 - -Referee Penalty Announcements
- •NJFOA 6-Man Mechanics and Philosophies Manual 2023-2024, available on website and hardcopy





Coin Toss

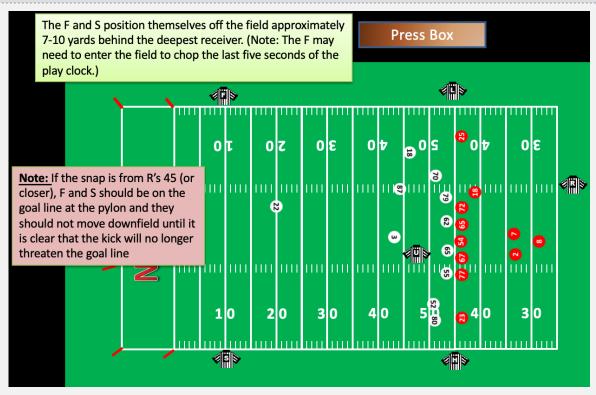


Manual Page 15





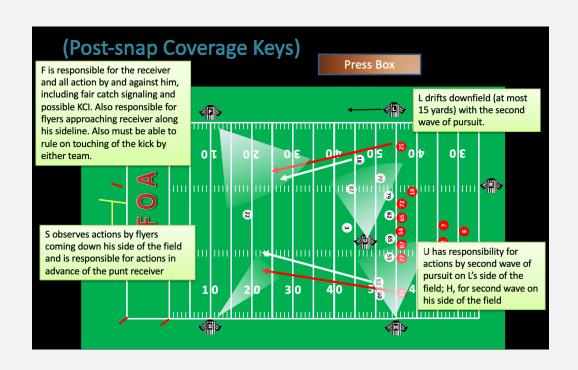
Punt Deep Wings



- Manual Page 35
- Presnap



Punt Deep Wings



Post Snap





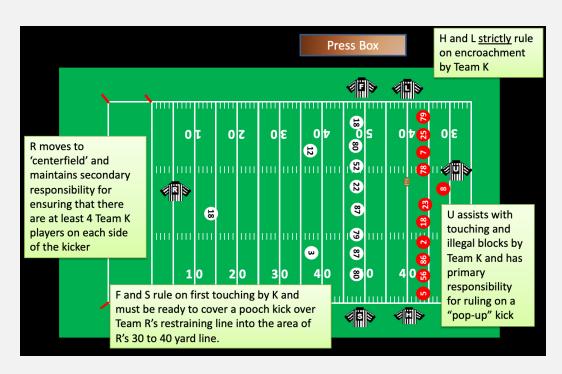
Penalty Announcement

- Referee shall announce the number of the offending player
 - -Exception: do NOT announce number if player is DQ'd
- Manual page 52





Anticipated Onside Kick



- SJ moves to R's restraining line, HL/LJ move up to K's restraining line
- Wings are paired up on restraining lines



Summary Table

- Appendix IV page 73
 - –Lists all mechanics by position/situation
 - –Quick read for a pregame
 - Coin toss is wrong